



VB Parken Træningstider

Forår 2023		Kunst 2	Kunst 3	Bane 6	Bane 7	Bane 8	Bane 9	Bane 10	Bane 11	SL Bane
Mandag	16:00–16:30	U14 liga 1 (1)	U13 liga 1 (3)	U19Liga(6)	U17 Liga (4)	U15 Liga (2)				
	16:30–16:45	U14 liga 1 (1)	U13 liga 1 (3)	U19Liga(6)	U17 Liga (4)	U15 Liga (2)	U15-2 (5)	U5-10-Piger (10)	U5-10-Piger (10)	
	16:45–17:00	U14 liga 1 (1)	U13 liga 1 (3)	U19Liga(6)	U17 Liga (4)	U15 Liga (2)	U15-2 (5)	U5-10-Piger (10)	U5-10-Piger (10)	
	17:00–17:30	U14 liga 1 (1)	U13 liga 1 (3)	U19Liga(6)	U17 Liga (4)	U15 Liga (2)	U15-2 (5)	U5-10-Piger (10)	U5-10-Piger (10)	
	17:30–17:45	U14 liga 1 (1)	U13 liga 1 (3)	U19Liga(6)	U17 Liga (4)	U15 Liga (2)	U15-2 (5)	U5-10-Piger (10)	U5-10-Piger (10)	
	17:45–18:00	Kamp	U15-3 + evt kamp	Herre Senior	1. kv(9)+18P	U13-14P (3)	U11-U12P (10)	U5-10-Piger (10)	U5-10-Piger (10)	
	18:00–18:15	Kamp	U15-3 + evt kamp	Herre Senior	1. kv(9)+18P	U13-14P (3)	U11-U12P (10)	U11-U12P (10)	U15-3 (5)	
	18:15–18:30	Kamp	U15-3 + evt kamp	Herre Senior	1. kv(9)+18P	U13-14P (3)	U11-U12P (10)	U11-U12P (10)	U15-3 (5)	
	18:30–19:00	Kamp	U15-3 + evt kamp	Herre Senior	1. kv(9)+18P	U13-14P (3)	U11-U12P (10)	U11-U12P (10)	U15-3 (5)	
	19:00–19:15	Kamp	U15-3 + evt kamp	Herre Senior	1. kv(9)+18P	U13-14P (3)	U11-U12P (10)	U11-U12P (10)	U15-3 (5)	
19:15–21:00	Kampe (6+4)	Old boys								



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Forår 2023		Kunst 2	Kunst 3	Bane 6	Bane 7	Bane 8	Bane 9	Bane 10	Bane 11	
Tirsdag	16:00–16:30	U15 Ligaen (2)	U13 liga 1 (3) U12	FV Center	U15-2 (5)	U17 Liga 2 (7)				
	16:30–16:45	U15 Ligaen (2)	U13 liga 1 (3) U12	FV Center	U15-2 (5)	U17 Liga 2 (7)				
	16:45–17:00	U15 Ligaen (2)	U13 liga 1 (3)	FV Center	U15-2 (5)	U17 Liga 2 (7)				
	17:00–17:30	U15 Ligaen (2)	U13 liga 1 (3)	FV Center	U15-2 (5)	U17 Liga 2 (7)				
	17:30–17:45	U15 Ligaen (2)	U13 liga 1 (3)	FV Center	U15-2 (5)	U17 Liga 2 (7)				
	17:45–18:00	Kamp	Kamp	FV Center	1. kv(9)	U18P (10)	U15P (10)			
	18:00–18:15	Kamp	Kamp	Hvile	1. kv(9)	U18P (10)	U15P (10)			
	18:15–18:30	Kamp	Kamp	Herrerseniør (7)	1. kv(9)	U18P (10)	U15P (10)			
	18:30–19:00	Kamp	Kamp	Herrerseniør (7)	1. kv(9)	U18P (10)	U15P (10)			
	19:00–19:15	Kamp	Kamp	Herrerseniør (7)	1. kv(9)	U18P (10)	U15P (10)			
19:15–21:00	Kampe 4+1+2+3	Old Boys		1. kv(9)						



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Forår 2023		Kunst 2	Kunst 3	Bane 6	Bane 7	Bane 8	Bane 9	Bane 10	Bane 11	
Onsdag	16:00–16:30	VB Skills		Hvile	Hvile			U5-10-Piger (10)	U5-10-Piger (10)	
	16:30–16:45	VB Skills		Hvile	Hvile			U5-10-Piger (10)	U5-10-Piger (10)	
	16:45–17:00	VB Skills		Hvile	Hvile			U5-10-Piger (10)	U5-10-Piger (10)	
	17:00–17:30	VB Skills		U15-3 (3)				U5-10-Piger (10)	U5-10-Piger (10)	
	17:30–17:45	VB Skills		U15-3 (3)				U5-10-Piger (10)	U5-10-Piger (10)	
	17:45–18:00	VB Skills		U15-3 (3)	U13-14P (2)	U11-12P (5)	U11-12P (5)	U5-10-Piger (10)	U5-10-Piger (10)	
	18:00–18:15	Kamp	Kamp	U15-3 (3)	U13-14P (2)	U11-12P (5)	U11-12P (5)			
	18:15–18:30	Kamp	Kamp	U15-3 (3)	U13-14P (2)	U11-12P (5)	U11-12P (5)			
	18:30–19:00	Kamp	Kamp	Hvile	U13-14P (2)	U11-12P (5)	U11-12P (5)			
	19:00–19:15	Kamp	Kamp	Hvile	U13-14P (2)	U11-12P (5)	U11-12P (5)			
19:15–21:00	Kampe 3-6+7+9+10+ 12	Kamp	Hvile							



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Forår 2023		Kunst 2	Kunst 3	Bane 6	Bane 7	Bane 8	Bane 9	Bane 10	Bane 11	
Torsdag	16:00–16:30	U15 Liga 1 (2)	U13 liga 1 (3)	U17/19 Liga (4)	U17 Liga 2 (7)	U15-2 (5)				
	16:30–16:45	U15 Liga 1 (2)	U13 liga 1 (3)	U17/19 Liga (4)	U17 Liga 2 (7)	U15-2 (5)				
	16:45–17:00	U15 Liga 1 (2)	U13 liga 1 (3)	U17/19 Liga (4)	U17 Liga 2 (7)	U15-2 (5)	Pige målmandstræning			
	17:00–17:30	U15 Liga 1 (2)	U13 liga 1 (3)	U17/19 Liga (4)	U17 Liga 2 (7)	U15-2 (5)	Pige målmandstræning			
	17:30–17:45	U15 Liga 1 (2)	U13 liga 1 (3)	U17/19 Liga (4)	U17 Liga 2 (7)	U15-2 (5)	Pige målmandstræning			
	17:45–18:00	Kamp	Kamp		1. kv(9) + U18P	U13-14P (10)	U15P (10)			
	18:00–18:15	Kamp	Kamp		1. kv(9) + U18P	U13-14P (10)	U15P (10)			
	18:15–18:30	Kamp	Kamp		1. kv(9) + U18P	U13-14P (10)	U15P (10)			
	18:30–19:00	Kamp	Kamp	Herre Senior 1(7)	1. kv(9) + U18P	U13-14P (10)	U15P (10)			
	19:00–19:15	Kamp	Kamp	Herre Senior 1(7)	1. kv(9) + U18P	U13-14P (10)	U15P (10)			
19:15–21:00	Kampe (6+12)		Herre Senior 1(7)	1. kv(9) + U18P						



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Forår 2023		Kunst 2	Kunst 3	Bane 6	Bane 7	Bane 8	Bane 9	Bane 10	Bane 11	SL Bane
Fredag	16:00–16:30	VB Girls U13-1 (3)	Topcenter (5)	U-17 Liga (7)	U15 Liga 1 (2)	VB Skills		VB Skills		U19Liga(10)
	16:30–16:45	VB Girls U13-1 (3)	Topcenter (5)	U-17 Liga (7)	U15 Liga 1 (2)	VB Skills		VB Skills		U19Liga(10)
	16:45–17:00	VB Girls U13-1 (3)	Topcenter (5)	U-17 Liga (7)	U15 Liga 1 (2)	VB Skills		VB Skills		U19Liga(10)
	17:00–17:30	VB Girls U13-1 (3)	Topcenter (5)	U-17 Liga (7)	U15 Liga 1 (2)	VB Skills		VB Skills		U19Liga(10)
	17:30–17:45	VB Girls U13-1 (3)	Topcenter (5)	U-17 Liga (7)	U15 Liga 1 (2)	VB Skills		VB Skills		U19Liga(10)
	17:45–18:00	Kamp	Topcenter (5)			VB Skills		VB Skills		
	18:00–18:15	Kamp	Kamp							
	18:15–18:30	Kamp	Kamp							
	18:30–19:00	Kamp	Kamp							
	19:00–19:15	Kamp	Kamp							
19:15–21:00	Kampe (10+9+5+1)	Kamp								

